



UNIVERSITY

LESSON PLANS

ELEMENTARY SCHOOLS – PRIMARY AND SECONDARY

HOW TO BE RESPECTFUL

Treat other people the way that you want to be treated.

Be courteous and polite.

Listen to what other people have to say.

You shouldn't insult people, make fun of them, or call them names. That's bullying.

You shouldn't judge people before you get to know them.

STUDENT ACTIVITIES:

1. What does it mean to treat other people with respect? Have your class brainstorm a list of do's and don'ts for treating people with respect. Ask for specific examples of each behavior they identify. Compare their list with the one at the top of this page. Hang the list up on the wall as a reminder.
2. Make a class contract in which the kids lay out a set of rules for having a respectful classroom. What will be the penalties for violating the rules?
3. Brainstorm ways to make your school environment more respectful. Create a list of recommendations, and place them in your school newspaper or on a poster.
4. Have the kids role play or use puppets to act out the following situation: Four good friends are planning to spend a day at an amusement park. Two of them want to invite another kid who's new in school. The other two don't want to include this person because he or she is different in some way (different race, a "nerd," from a foreign country, etc.). After the role play have a class discussion. Then, have four others do another role play changing what it is that's different about the new kid. Repeat this process changing the difference each time.
5. Bring in articles from newspapers and magazines describing situations in which respect or disrespect are issues. Talk about who is acting respectfully, and who is acting disrespectfully in these situations.



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DISCUSSION QUESTIONS:

1. What does it feel like to be respected?
2. What does it feel like to be disrespected?
3. What role does respect play in your relationships with friends and family?
4. What are some respectful behaviors?
5. How important is respect in our lives? Why?
6. Do you consider yourself to be a respectful person? Why or why not? In what ways do you show respect to others?
7. Describe one person you respect in your life. What does this person do to earn your respect?
8. Does a person have to earn respect, or do all people deserve it?
9. How do *you* show respect to others? Do you show respect to strangers differently than you do to friends?
10. Does it feel different to be disrespected by a stranger than to be disrespected by a friend? How?
11. What are the benefits of people treating each other with respect?
12. When was the last time you disrespected someone? What was the reason? How did you express this disrespect? What effect did your behavior have?
13. When was the last time someone disrespected you? What do you think was their reason for treating you in that way?
14. What are some reasons people show disrespect for others?
15. How do you feel when someone judges you without knowing you or giving you a chance?
16. How do you feel when someone you disagree with calls you a name?
17. Does respect play a role in harmonious race and culture relations? Explain.
18. How do you feel when someone bumps into you in the hall and doesn't apologize? What does saying "I apologize" have to do with respect?
19. Agree or disagree: Courtesy and politeness are only for adults. Explain your answer.
20. How do you think respect affects your community, the world?
21. Does everyone deserve respect? Why or why not?
22. What is the difference between respecting a person and respecting our planet?



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WRITING ASSIGNMENTS:

1. Watch a movie or TV show and write about how the characters treated each other. In what ways were they respectful or disrespectful? Give some specific examples.
2. Draw a picture of somebody that looks different than you and write a description of him or her. Describe how you would treat that person if they wanted to join in on a game with you and your friends.
3. Write about an experience you had with bullying. Were you the bully or the victim? Were you just watching? What happened and how did it make you feel?
4. Are kids ever picked on at your school? What do they get picked on about (height, weight, appearance, disability, accent, skin color, etc.)? Exactly how are they picked on? How do you think these kids feel about this? How do you feel about it?
5. In what ways do you treat people with respect? Are there any ways in which you don't?
6. Write a letter to an imaginary bully, telling this person what he or she is doing that you don't like, why you don't like it, and how you want this person can have better character.



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Dear Parent,

Your child is involved in our character education program entitled B.N.U. (BNICE University). Our current focus is on being RESPECTFUL. It depicts and identifies respectful and disrespectful behavior, and teaches that treating people with respect leads to good friendships and positive interpersonal relationships.

Here are some things you can do to reinforce the message of this value.

- Ask your child to tell you about being respectful and what he or she has learned from it.
- Talk with your child about the importance of treating other people with respect. Make sure he or she knows that it is important to you, and that it will lead to stronger friendships.
- Watch a television program together, and talk about the various ways in which the characters acted respectfully or disrespectfully towards one another. Watch for put-downs, insults, and subtle forms of bullying.
- Remember that you are a powerful role model for your child. If you treat people respectfully, that is what your child will learn from you.
- Try not to focus on examples of situations on if your child was disrespectful lately. This isn't about he or she feeling like they're in trouble. It's about you opening up their world to other examples of what respect is.

Thank you for your help as together, we can further increase your child's moral awareness.

"The truest form of love is how you behave toward someone, not how you feel about them."

- Steve Hall

"One of the most sincere forms of respect is actually listening to what another has to say."

- Bryant H. McGill

"Respect yourself and others will respect you."

- Confucius

